



Dementia Awareness

RHA Academy

RHA Academy is a wholly owned subsidiary of RHA International Holdings Pte Ltd and focuses on the delivery of Aged Care Education and Training programmes.

At RHA Academy, we believe in applied learning and have designed our facilities to support collaborative learning. RHA Academy seeks to nurture both healthcare and non-healthcare professionals who will, in turn, contribute towards Singapore's development.



Program Objective

The aim of this course is to provide learners with knowledge of the different types and stages of Dementia. Attendees will also get to understand the behaviours associated with Dementia, with a focus on the signs of early Dementia. The second half of the programme will focus on the prevention on Dementia through activities for the elderly and nutrition.

Program Outline

- Describe Dementia, in relation to the types and stages of Dementia, with a focus on the signs of Early Dementia
- Understand behaviours related to dementia
- Activities to prevent onset of Dementia
- Nutrition to keep the brain healthy

Who Should Attend?

This one-day course is suited to anyone who is interested to learn more about the Early signs of Dementia and prevention of Dementia.

Why Should You Attend?

With the rapidly ageing population in Singapore, we are growing old faster than any society in the world. As a consequence, we are witnessing an increase in the number of people diagnosed with Dementia.

Having the skills to recognise if a person is suffering from Dementia will enable you to reach out and do your part as a member of your community to care for the seniors around you.

Mode of Delivery

This course will be delivered in an interactive and participative manner through lectures, role plays, group discussions and case studies.

Assessment

Learners will be assessed at the end of the course, through a group presentation.



Programme Validation

The Curriculum for this course has been validated by the Kalandra Education Group, a registered training establishment with the New Zealand Qualifications Authority. This gives the course an international perspective to Dementia Awareness.

Programme Duration: 1 day (9am - 4pm)

Programme Fees: \$299.00 (inclusive of 7% GST)

RHA Academy will be offering Corporate Rates for this training programme. The date, time and location of the training can be planned in accordance to your company's needs.

For more details on corporate rates and customised training times for trainees, please send your enquiries to Mdm Eileen Chua at rha@rha.com.sg

Certification

Participants will be issued with a certificate of participation by RHA Academy.

2 Bukit Merah Central
#01-04/05, Singapore 159835
Tel: +65 6264 7767 | Email: rha@rha.com.sg

RHA Academy
Reg. No. 201718658R
Validity 25/06/2019 - 24/06/2021



认识痴呆症

睿意学院

睿意学院是睿意国际控股有限公司的全资子公司，专注于提供老年护理教育和培训项目。

在睿意学院，我们信奉对实用技术的学习，并为此设计和配备了专门的教学设施，营造互动学习、共同学习的氛围。睿意学院致力于培养专业医护及非专业医护人员，参训人员将为新加坡的发展做出贡献。



课程目标

本课程的目标是为学习者提供痴呆症不同类型和阶段的知识。学习者还将了解与痴呆症相关的行为，重点关注早期痴呆症的症状。该课程的下半部分将侧重于通过老年人的活动和营养改善预防老年痴呆症。

课程概述

- 描述有关痴呆症的类型和阶段，重点关注早期痴呆症的症状
- 了解与痴呆症相关的行为
- 预防老年痴呆症的发生
- 保持大脑健康的营养

谁该参加？

这个为期一天的课程适合任何有兴趣了解痴呆症早期症状和预防老年痴呆症的人士。

为什么要参加？

新加坡人口正迅速老龄化，速度超过了世界上任何一个地区。因此，我们正在面临被诊断患有痴呆症人数不断增加的现实。

掌握识别一个人是否患有痴呆症的技能，将使您能够与社区成员联系，并尽自己的一份力量照顾周围的老年人。

授课方式

本课程将通过讲座、角色扮演、小组讨论和案例研究，以互动和参与的方式进行。

考核评估

学员将在课程结束时通过小组演示接受评估。



课程验证

本课程已经过Kalandra教育集团的验证，该集团是新西兰资格认证局的注册教育机构。这使得课程具备痴呆症认识的国际视角。

课程时间: 1日 (上午9点至下午4点)

课程费用: \$299.00 (包含7%消费税)

睿意学院将为团体组织报名参加的培训提供优惠，培训的日期、时间和地点可根据贵公司的需求进行规划。

有关团体培训的优惠政策和定制规划的更多详情，请联络蔡锦燕女士。

(邮件地址: rha@rha.com.sg)

认证

参加者将获睿意学院颁发的证书。

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